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**Howard County Local Health Improvement Coalition  
Healthy Weight Workgroup  
December 15, 2016 - 8:30 a.m. - 10:00 a.m.  
HC Health Department in Severn**

Meeting Agenda

- I. 8:30 - 8:35 Introductions & Announcements
- II. 8:35 - 8:40 Approval of Minutes from November 17, 2016 Meeting
- III. 8:40 – 8:50 Charge to Action Groups
- IV. 8:50 - 9:30 Breakout Groups
  - Nutrition
  - Physical Activity
- V. 9:30 – 9:55 Action Groups Report Back
- VI. 9:55 - 10:00 Wrap Up

**Future Meeting Dates:**

**Work Group**

February 16, from 8:30-10:00 a.m. HCHD in Barton A conference room

**FULL LHIC**

January 26, 2017 8:30-10:30 am

April 27, 2017 8:30-10:30 am

June 22, 2017 8:30-10:30 am

September 21, 2017 8:30-10:30 am

\* Work Group meetings will be held in December, March, May, and August

\*\*Additional Work Group and/or Task Group meetings will be held as designated by each Workgroup in October, November, February, and July

\*\*\*LHIC Community Forums will be held in October 2016 and April 2017